



Consent for Patient Contact

I, _____, hereby give my consent for the physicians and staff at Valley Internal Physicians to contact me regarding appointments and confidential health information via (please check all that apply):

- Message with spouse / friend / caregiver: _____
- Mail
- Answering machine / Voicemail – home / work (please circle)
- Fax #: _____
- Cell phone #: _____
- E-mail address: _____

- DO NOT CONTACT ANYONE OTHER THAN ME PERSONALLY

Patient Name (please print)

D.O.B.

Patient Signature

Date



Patient Partnership Plan

Dear Patient,

Welcome to our practice. We intend to provide you with the care and service that you expect and deserve. Achieving your *best possible health* requires a partnership between you and your doctor. We ask you, as our “partner in health,” to help us in the following ways:

- ***Schedule visits with my doctor for routine physical exams and other recommended health screenings.***

I understand that my doctor will explain to me which regular health screenings are appropriate for my age, gender, and personal and family history. I understand I will need to complete these recommended health screenings (mammogram, immunizations, pap smears, etc.). These health screenings are tests that can help detect life-threatening diseases and conditions. If I visit my doctor only for treatment of immediate problems and forget to arrange for regular health screenings, I put myself at risk of letting serious health problems go undetected. I will schedule regular visits with my doctor to complete my physical exam and to discuss these health screenings.

- ***Keep follow-up appointments and reschedule missed appointments.***

I understand that my doctor will want to know how my condition progresses after I leave the office. Returning to my doctor on time gives him or her the chance to check my condition and my response to treatment. During a follow-up appointment, my doctor might order tests, refer me to a specialist, prescribe medication, or even discover and treat a serious health condition. If I miss an appointment and don't reschedule, I run the risk that my physician will not be able to detect and treat a serious health condition. I will make every effort to reschedule missed appointments as soon as possible. I also understand I may be charged a fee for missed appointments or same-day cancellations.

- ***Call the office when I do not hear the results of lab and other tests.***

I understand that my physician's goal is to report my lab and test results to me as soon as possible. However, if I do not hear from my physician's office within the time specified, I will call the office for my test results.

- ***Inform my doctor if I decide not to follow his or her recommended treatment plan.***

I understand that, after examining me, my doctor may make certain recommendations based on what he or she feels is best for my health. This might include prescribing medication, referring me to a specialist, ordering labs and tests, or even asking me to return to the office within a certain period of time. I understand that NOT following my treatment plan can have serious negative effects on my health. I will let my doctor know whenever I decide NOT to follow his or her recommendations so that he or she may fully inform me of any risks associated with my decision to delay or refuse treatment.

Thank you for your partnership. As our patient, you have the right to be informed about your health care. We invite you at any time to ask questions, report symptoms, or discuss any concerns you may have. If you need more information about your health or condition, please ask.

Patient Signature

Date

Physician Signature



Authorization for Use/Disclosure of Health Information

This authorization allows the healthcare provider(s) named below to release confidential medical information and records. Note: Information and records regarding treatment of minors, HIV, psychiatric/mental health conditions, or alcohol/substance abuse have special rules that require specific authorization.

It is the policy of this medical practice that we will adopt, maintain, and comply with our Notice of Privacy Practices, which shall be consistent with HIPAA and California Law.

Authorization: I hereby authorize _____ (Enter name of physician or healthcare facility from whom you are requesting records.)

to release information regarding my medical history, illness or injury, consultation, prescriptions, treatment, diagnosis or prognosis, including x-rays, correspondence and/or medical records (including those from my other healthcare providers that the above named healthcare provider may hold), by means of mail, fax, or other electronic methods to:

Valley Internal Physicians
24680 Jefferson Avenue, Suite A
Murrieta, CA 92562
Phone: (951) 677-2252
Fax: (888) 379-5709
Secure e-mail: documents@VIPMurrieta.com

The medical information/records will be used for the following purpose: _____

This authorization is:

- Limited to the following medical information: _____
Unlimited (all records, excluding Substance Abuse, Mental Health, HIV diagnosis/treatment)

I also consent to the specific release of the following records:

Drug/Alcohol/Substance Abuse _____ (initial) HIV Diagnosis/Treatment _____ (initial)
Psychiatric/Mental Health _____ (initial) Genetic Information _____ (initial)
Tests for Antibodies to HIV _____ (initial)

Duration: This authorization shall be effective immediately and remain in effect for one year from the date shown below.

Restrictions: Permissions for further use or disclosure of this medical information is not granted unless another authorization is obtained from me or unless such disclosure is specifically required or permitted by law.

A photocopy or facsimile of this authorization shall be considered as effective and valid as the original.

I have been advised of my right to receive a copy of this authorization.

Signature of patient or legal representative

Relationship if other than patient

Patient's Name (PRINT)

Date

Patient's Social Security Number

Patient's Date of Birth

Witness Name

Witness Signature



Patient Name: _____ DOB: _____

Please list below any past or current medical conditions:

Please list any surgeries you have had:

Type of surgery	Date / Year	Hospital / Facility
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

FAMILY HISTORY

Please indicate medical conditions in your immediate family:

Adopted

Mother: _____
 Father: _____
 Sister: _____
 Brother: _____

SOCIAL HISTORY

Occupation: _____
 Retired: Yes No
 Disability: Yes No
 Marital status: Married Separated Widowed
 Unmarried Divorced

LIFESTYLE

Do you or did you smoke? Yes No
 How many packs per day? _____ How long? _____
 When did you quit? _____
 Do you drink alcohol? Yes No
 How often? _____
 Have you ever used or are you currently using illicit drugs? Yes No
 Please explain _____



MEDICAL HISTORY

Please list all medications you are currently taking and why
(Continue on back of this sheet if necessary):

Medication / dosage

Reason for medication

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Please list any medication allergies:

Medication name

Reaction

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REVIEW OF SYSTEMS

Please check Yes or No to the following health questions, past or present:

- | | | |
|---|------------------------------|-----------------------------|
| Cardiovascular (Heart disease, high blood pressure, CHF) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Gastrointestinal (GERD, IBS, diverticulitis, liver disease) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Genitourinary (Kidney stones, incontinence, enlarged prostate) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Hematologic (Anemia, blood clots, easy bruising) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Metabolic (Diabetes, thyroid disease, high cholesterol) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Musculoskeletal (Arthritis, lupus, fibromyalgia, back pain) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Neurologic (Seizures, headaches, tremors, fainting spells, stroke) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Oncologic (Cancer, leukemia, lymphoma) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Psychological (Depression, anxiety, sleep disorders) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Respiratory (Asthma, COPD, chronic cough) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Skin (Psoriasis, rashes, edema) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

PREVENTIVE SERVICES

Have you had any of the following:

- | | | | |
|-------------------|------------------------------|-----------------------------|------------|
| Physical exam | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |
| Cholesterol check | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |
| Colonoscopy | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |
| Bone density test | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |

Immunizations:

- | | | | |
|-------------------|------------------------------|-----------------------------|------------|
| Pneumonia vaccine | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |
| Shingles vaccine | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |
| Flu shot | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |
| Tetanus booster | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date _____ |

FEMALES ONLY:

When was your last mammogram? _____

When was your last Pap smear? _____

Have you gone through menopause? Yes No

Have you taken hormone replacement? Yes No

DIABETICS:

What was your last hemoglobin A1c level? _____ Date _____

Signature _____

Date _____



“Between You And Your Doctor”

Name: _____ Date: _____

What is the main reason for your visit today? _____

What other things would you like to review if possible? Please list in order of importance:

1. _____

2. _____

3. _____

4. _____

Do you need any of the following:

Prescription renewal(s): _____

Forms filled out

Work excuse

Other: _____
